

# Dinner Menu A



	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
<b>Soup</b>	French onion <b>C</b>	Vegetable broth <b>C</b>	Theme night	Parsnip & apple <b>D C</b>	Sweet potato <b>C</b>	Creamy tomato <b>T</b> <b>D C</b>	Chef's choice
<b>Main course</b>	Caribbean lamb curry <b>CH T</b>	Chicken stuffed with chorizo & feta <b>G CH D</b>	Theme night	Beef brisket chilli <b>T CH</b>	Chicken Caesar burger <b>D G E S SE</b>	Pizza night <b>G DT</b>	Assorted paninis <b>G</b> <b>DT</b>
<b>Vegetarian option</b>	Spiced chickpea flatbread <b>G CH</b>	Piri piri halloumi and slaw wraps <b>CH</b> <b>D SU</b>	Theme night	Jackfruit chilli <b>T</b> <b>CH</b>	Vegetable burger <b>T</b> <b>G SE D E</b>	Pizza night <b>G DT</b>	
<b>Vegetables &amp; potatoes</b>	Rice & peas <b>CH C</b>	Paprika wedges Courgette & baby tomatoes <b>T</b>	Theme night	Rice Nachos <b>G D</b>	Tossed salad <b>T</b> Coleslaw <b>D E</b>	Baked wedges Assorted toppings	Herby potatoes Assorted salads
<b>Pasta/noodle option</b>	Roasted Mediterranean vegetables <b>T G</b>	Sun blushed olive & basil <b>G</b>	Theme night	Mac & cheese <b>D</b> <b>GT</b>	Chorizo & roasted red pepper <b>G CH</b> <b>D</b>	Pesto pasta <b>D G</b>	Tomato bake <b>GT C</b>
<b>Jacket potato</b>	Assorted fillings						
<b>Dessert</b>	Smoothies <b>D</b>	Fruit flapjack <b>G D</b>	Theme night	Exotic fruits with honey yoghurt <b>D</b>	Smoothies <b>D</b>	Fruit flapjack <b>G D</b>	Choc ices <b>D S</b>
<b>Extras</b>	A selection of cold meats and salads are available from the salad bar. Assorted cut & whole fresh fruit & homemade yoghurts – assorted flavours.						
<b>G</b> = Gluten, <b>D</b> = Dairy, <b>E</b> = Egg, <b>CH</b> = Chilli, <b>M</b> = Mustard, <b>T</b> = Tomato, <b>C</b> = Celery, <b>S</b> = Soya, <b>F</b> = Fish, <b>SU</b> = Sulphur dioxide, <b>SE</b> = sesame, <b>L</b> = Lupin, <b>CR</b> = crustaceans							

All of our dishes are produced in kitchens that contain allergens. Please advise the Catering Manager of any special dietary requirements, food intolerances and allergies.