

# Breakfast Menu



	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
<b>Juice</b>	Orange & apple juice						
<b>Cereal</b>	A selection of cereals, to include a choice of Cornflakes <b>G</b> , Weetabix <b>G</b> , Shreddies <b>G</b> , Rice Krispies, Bran Flakes <b>G</b> , Coco Pops <b>G</b> & Frosties <b>G</b>						
<b>Hot items</b>	Bacon Sausage <b>G D</b> Fried eggs <b>E</b> Baked beans <b>T</b> Herby diced potatoes <b>G</b>	Scrambled eggs with smoked salmon <b>D E F</b> Continental meats and cheeses <b>D</b> Create your own muesli bar <b>G</b>	Omelettes <b>E</b> Streaky bacon Sautéed potatoes	Bacon Sausages <b>G D</b> Scrambled eggs <b>D E</b> Baked beans <b>T</b>	Scotch pancakes <b>G D E S U</b> Toasted sourdough with crushed avocado and roasted tomatoes <b>G T</b> Create your own muesli bar <b>G</b>	Bacon Sausages <b>G D</b> Fried eggs <b>E</b> Baked beans <b>T</b> Hash browns	Eggs Benedict <b>G D E</b> Streaky bacon Grilled tomatoes <b>T</b> Mushrooms Create your own muesli bar <b>G</b>
<b>Bread &amp; Pastries</b>	Waffles <b>G D E S</b> Toast <b>G</b> Butter <b>D</b> / Flora Jams & preserves	Bagels <b>G</b> Toast <b>G</b> Butter <b>D</b> / Flora Jams & preserves	Pain au chocolate <b>G D S E</b> Toast <b>G</b> Butter <b>D</b> / Flora Jams & preserves	Croissants <b>G D E</b> Toast <b>G</b> Butter <b>D</b> / Flora Jams & preserves	Pain au chocolate <b>G S D E</b> Toast <b>G</b> Butter <b>D</b> / Flora Jams & preserves	Muffins <b>G S</b> Toast <b>G</b> Butter <b>D</b> / Flora Jams & preserves	Pain au chocolate <b>G D S E</b> Toast <b>G</b> Butter <b>D</b> / Flora Jams & preserves
<b>Hot drinks</b>	Tea, coffee & hot chocolate <b>D S</b>						
	Fresh fruit (cut & whole) & homemade yoghurts <b>D</b> made daily						
<b>G</b> = Gluten, <b>D</b> = Dairy, <b>E</b> = Egg, <b>M</b> = Mustard, <b>T</b> = Tomato, <b>C</b> = Celery, <b>S</b> = Soya, <b>F</b> = Fish, <b>SU</b> = Sulphur dioxide, <b>SE</b> = sesame, <b>L</b> = Lupin, <b>CR</b> = crustaceans							

All of our dishes are produced in kitchens that contain allergens. Please advise the Catering Manager of any special dietary requirements, food intolerances and allergies.