



# The Junior King's School

## P.S.H.E. Overview

<p><b><u>Autumn Term</u></b> Health and Wellbeing</p>	<p><b><u>Lent Term</u></b> Relationships</p>	<p><b><u>Summer Term</u></b> Living in the Wider World</p>
<p><b><u>Topic Areas</u></b> Healthy lifestyles Keeping safe Growing and changing</p>	<p><b><u>Topic Areas</u></b> Healthy Relationships Feelings and emotions Valuing difference</p>	<p><b><u>Topic Areas</u></b> Rights and responsibilities Taking care of the environment Money matters</p>